



**Humana**  
**Rock'n'Roll**  
 MARATHON & 1/2  
 ARIZONA  
 PHOENIX · SCOTTSDALE · TEMPE

SATURDAY, JANUARY 21, 2019  
 5K START TIME: 8:00 AM

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 ■■■■ 5K COURSE

SUBJECT TO CHANGE

**KIDS ROCK**  
**Arizona**

SATURDAY, JANUARY 19, 2019  
 KIDS ROCK START TIME: 10:00 AM

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 ■■■■ KIDS ROCK COURSE

SUBJECT TO CHANGE