



Rock 'n' Roll
HALF MARATHON
VIRGINIA BEACH

SATURDAY, AUGUST 31, 2019
 5K START TIME: 7:00 AM
 1 MILE START TIME: 8:00 AM

- 5K COURSE
- - - MILE ON THE SAND COURSE
- 🚰 WATER STATION
- 🚻 RESTROOM
- 📍 MILE MARKER

SUBJECT TO CHANGE

START

FINISH

