




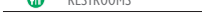
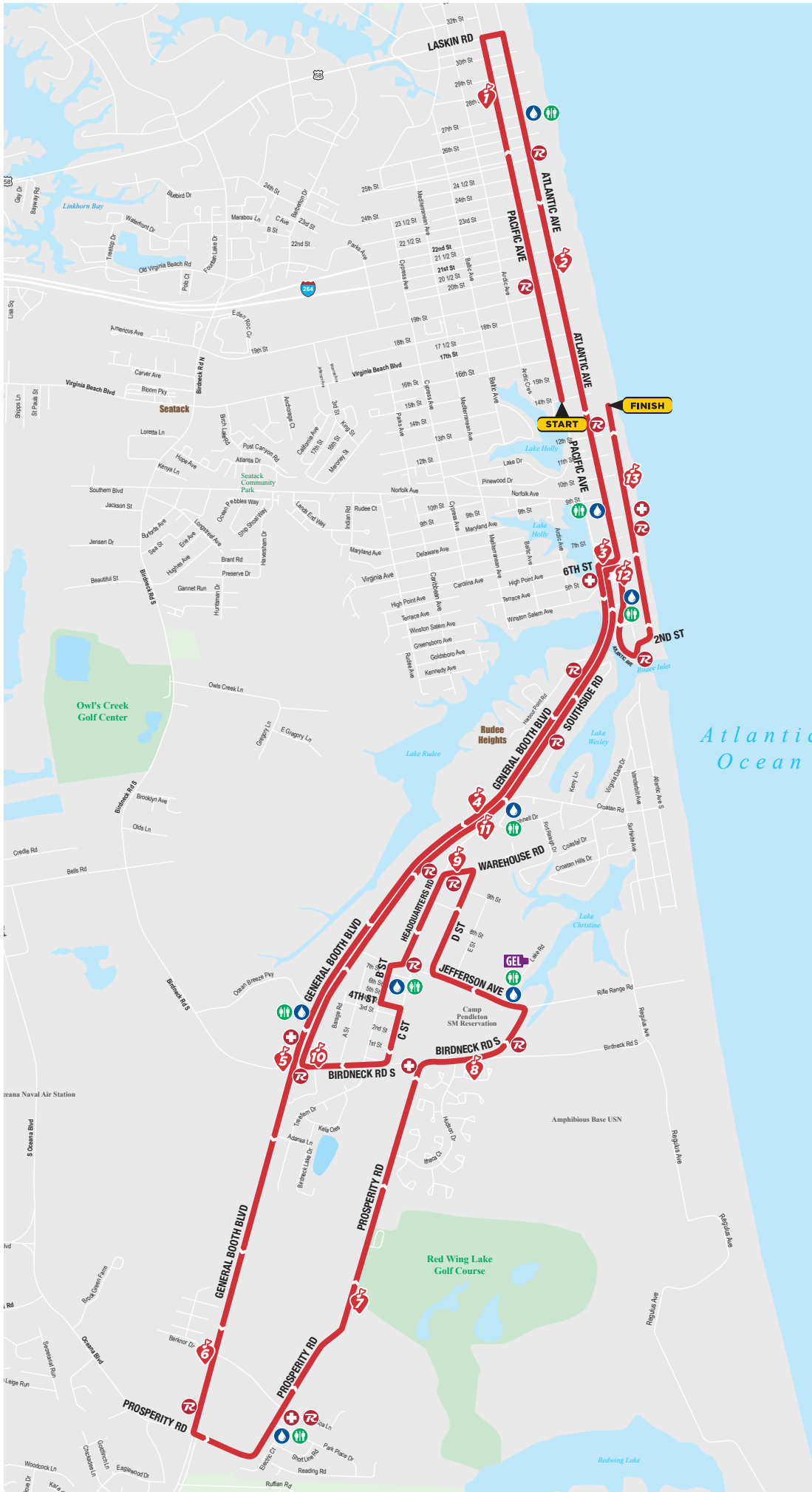


Humana
Rock'n'Roll
HALF MARATHON
VIRGINIA BEACH

SUNDAY, SEPTEMBER 2, 2018
 START TIME: 7:00 AM

-  HALF MARATHON COURSE
-  BAND STAGES
-  WATER + ENDURANCE
AT EVERY OTHER STATION (EVEN NUMBERS ONLY)
-  GEL ENERGY STATION
-  MEDICAL
-  RESTROOMS

SUBJECT TO CHANGE



Atlantic Ocean