



Final Information

October 3 & 4, 2026

RACE WEEKEND AT A GLANCE

PLEASE READ EVERYTHING IN THIS DOCUMENT!

HEALTH & FITNESS EXPO | OCTOBER 3 & 4

SAN JOSE MCENERY CONVENTION CENTER, SOUTH HALL

435 S Market St

San Jose, CA 95113

Friday, October 2 | 1 PM to 6 PM

Saturday, October 3 | 9 AM to 5 PM

TIP: To expedite your Participant Check-In process, you will receive an email the week prior to the race with a link to search your bib number. Make sure to bring your bib number and photo ID with you to the Health & Fitness Expo to pick up your race materials!

5K RACE DAY & KIDS ROCK | OCTOBER 3

7:30 AM: 5K Race Starts

Start Line: S Market St and E William St

Finish Line: Plaza Park (1 Paseo de San Antonio, San Jose, CA 95113)

9 AM: KIDS ROCK

Start & Finish Line: S Market St at Balbach St

10K & HALF MARATHON RACE DAY | OCTOBER 4

8 AM: 10K Race Starts

Start Line: S Market St and E William St

Finish Line: Plaza Park (1 Paseo de San Antonio, San Jose, CA 95113)

8 AM: Half Marathon Race Starts

Start Line: S Market St and E William St

Finish Line: Plaza Park (1 Paseo de San Antonio, San Jose, CA 95113)

9 AM to 1:30 PM: Encore Entertainment

Plaza Park (1 Paseo de San Antonio, San Jose, CA 95113)



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PRE-RACE INFORMATION

BIB NUMBER PICKUP

Follow these steps to pick up your number:

1. [CLICK HERE](#) to search your bib number.
2. Bring your bib number & Photo ID to the Health & Fitness Expo.

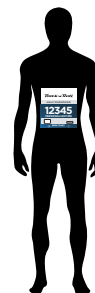
CORRAL CHANGES

Corrals will be assigned based on the estimated finish time you entered at the time of registration. If you need to move to a faster corral, pick up your bib number and proceed to the Corral Change Table in the Bib Pick-Up area. If you wish to move to a slower corral, you may do so without visiting the Corral Change table by simply starting in that corral on race morning. There are no corral changes on race day.

If you pick up your bib and you do not have a corral assignment, make sure you stop by the Corral Change table to be assigned a corral based off of your estimated finish time.

RACE TIMING WITH SPORTSTATS

The race will be timed by Sportstats using a chip on the bib technology. This means you will not have a red d-tag to attach to your shoe. The chip on your bib will automatically record your times at the start, at certain splits along the courses and at the finish. Sportstats will be using disposable tags, glued onto your race bib, which allows you to walk away from the finish without the need to have your tag collected.



PLEASE NOTE: All participants in the race must wear their race bib with the tag intact in order to have their times recorded. No bib = no time! Please make sure the race bib is pinned at torso height at the front and is visible throughout the race.

Rock 'n' Roll
RUNNING SERIES
SAN JOSE

OCTOBER 4, 2026

CORRAL

HALF MARATHON

RACE NUMBER

GEAR CHECK TAG

COMPANION GEAR BAG CLAIM TICKET
Gear checked at your own risk. Not responsible for lost, damaged or stolen belongings.

DRINK TICKET
Ticket holder must be 21+ years of age and present their ID.

T-SHIRT TICKET
Redeem your participant t-shirt with this ticket.

POST-RACE DRINK TICKETS
One ticket for a complimentary glass of FitVine and one ticket for a complimentary beverage.

T-SHIRT TICKET
Exchange this ticket for your race shirt at the Expo.

Name & Corral

Gear Check Tag & Companion Claim Ticket
Present one of these tickets to claim your gear that you checked before the race.

Post-Race Drink Tickets
One ticket for a complimentary glass of FitVine and one ticket for a complimentary beverage.

T-Shirt Ticket
Exchange this ticket for your race shirt at the Expo.

Start Corral Assignment

If no Corral is listed on your bib, please visit the Corral Change table in the registration area of the Health & Fitness Expo to get your corral assignment.



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PRE-RACE INFORMATION

REGISTER FOR 2027

At the Health & Fitness Expo, come by the Rock 'n' Roll booth to secure your spot for the 2027 Rock 'n' Roll San Jose events and receive a FREE t-shirt while supplies last! There will be limited availability at these special prices:

- Half Marathon: \$84.36 + 16.94 fees = \$101.30 all in
- 10K: \$75.47 + \$15.14 fees = \$90.61 all in
- 5K: \$52.04 + \$10.45 fees = \$62.49 all in

PACE TEAM



Too Legit Fitness will be the official pace team on race day. Come by the booth at the Health & Fitness Expo for information on running with a pacer.

Pace times offered for the Half Marathon: 1:30, 1:35, 1:40, 1:45, 1:50, 1:55, 2:00, 2:05, 2:10, 2:15, 2:20, 2:25, 2:30, 2:40, 2:50, 3:00, 3:15, 3:30, and 4:00

REMIX CHALLENGE MEDAL

Don't miss out on the chance to take on the Remix Challenge and earn TWO medals when you sign up to run both Saturday and Sunday. Pair the 5K with the 10K or Half Marathon to receive both finisher medals plus a next-level bonus medal!



If you are participating in the Remix Challenge, pick up your Remix Challenge Medal at the Rock 'n' Roll Heavy Medals tent at the Finish Line Festival. To claim your medal, be sure to have 'REMIX' written on both of your race bibs. If you do not, please inform us at bib pick-up to add it to your bib.

PARKING & TRANSPORTATION

PARKING

For parking options, [CLICK HERE](#).

PUBLIC TRANSPORTATION



On Saturday, October 3, 2026 and Sunday, October 4, 2026, as the official public transportation provider of Rock 'n' Roll San Jose, the Valley Transportation Authority (VTA) will be offering FREE rides for all registered participants. Your bib is your VTA fare! Just present your official race bib to any bus operator and/or fare inspector and hop on board.

- For spectators: Rates: \$2.50/adult single ride, \$1.25/youth (ages 5-18).
- Ride the VTA Light Rail: Exit Convention Center, Children's Discovery Museum or San Antonio stations.
- Park at any of VTA's free Park & Ride lots.
- To plan your trip, please download Transit app and use Transit's Real Time Information for your convenience.
- [CLICK HERE](#) to visit the website for more information.

RUNNER DROP-OFF

Drop your runner off on Almaden Blvd between San Carlos and Park. To exit the area after dropping, turn left on Park or u-turn at Park and head south on Almaden Blvd.

Download the free [WAZE APP](#) for point to point directions around road closures on race day.

[CLICK HERE](#) to view more information about parking and transportation on the event website.

LIVE. FIT. GO.™





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FLAVOR-BERRY!

MORTAL
HYDRATION



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HEALTH & FITNESS EXPO

SAN JOSE MCENERY CONVENTION CENTER SOUTH HALL
435 S. MARKET ST.



Pick up your bib number, gear check bag and technical tee at the Health & Fitness Expo. Official race merchandise is available at the Merchandise Store and a variety of exhibitors will display, sample and sell running apparel, footwear, and health & fitness products.

Everyone visiting the Health & Fitness Expo in the South Hall is subject to a security screening when entering the building. In order to speed up entry please do not bring any prohibited items including weapons, outside drinks, or alcohol. Please have everything out of your pockets when entering as well.



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HEALTH & MEDICAL INFORMATION

- Your safety is our primary concern. At the Saturday 5K, medical will be at the finish line as well as monitoring the course throughout the duration of the race.
- On Sunday, the medical team will be staffing the medical facilities at the finish line and in the finish line festival. First Aid will be located about halfway through the Secure Zone, and the Medical team will also be located as you exit the Secure Zone. Medical resources will also be available while you are on course:
 - Mile 2.9 (10K & Half Marathon)
 - Mile 5.5 (10K & Half Marathon)
 - Mile 7 & 11.4 (Half Marathon)
 - Mile 8.8 & 10 (Half Marathon)
- In order to help the medical team assist you, it is critical that you fill out the medical history information on the back of your bib.
- If you are not feeling well on race morning, we strongly advise you not to start the event.
- If you start to feel unwell at any point during the race, we urge you to seek help rather than continue.
- **DURING THE RUN:** If you are at a water station or aid station, let someone know you are in need of medical help. If you are not at or near a water station or aid station – STOP – let someone know you need medical help. Anyone can help - another participant, a volunteer, a staff vehicle, event support vehicle, even a spectator. Have them alert the nearest water/aid station or staff member that you need medical assistance. Make sure you provide your bib number to initiate your care.
- **HELPING ANOTHER PARTICIPANT:** If a fellow participant needs help, please use the same steps listed above to help get the participant medical assistance. Make sure to provide the bib number of the participant in need of help.
- After you have finished the race, please do not leave the post-race area until you are able to drink without vomiting, stand without dizziness and feel okay. If you are not feeling well, please come to the event medical tent to be evaluated by the medical team before leaving the post-race area.

MANAGE YOUR HEALTH AND SAFETY ON RACE DAY – RACE HEALTHY, RACE SMART

DO NOT BE AFRAID TO ASK FOR HELP!

- If at any time during the race you experience chest pain or discomfort, shortness of breath, lightheadedness (dizziness), numbness around the mouth or in hands, difficulty concentrating, or stop sweating please stop immediately and seek medical attention.



Leave limits behind.



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5K RACE DAY | SATURDAY, OCTOBER 3

RACE DAY INFORMATION

7:30 AM: 5K Race Starts

Start Line: S Market St and E William St

Finish Line: Plaza Park

Restrooms will be located within the Start Line/Finish Line Village in the Plaza Park.

GEAR CHECK

On race day, please affix your gear check tag (on your bib number) to your gear bag before you leave it at the table assigned to your last name. DO NOT leave valuables, cash or jewelry. The event staff and gear check personnel are not responsible for lost or stolen items. Please note, due to security for gear check, there may be lines.

Where: Center of the Plaza Park

When: From 6:30 AM to 10 AM

START CORRALS

Signage designating each corral will be displayed on race morning and security will be in place to ensure that all participants enter their correct corral. Your assigned corral will be listed on the bottom corner of your bib. Participants can enter their corrals beginning at 7:15 AM. You must start in your assigned corral.

THERE WILL BE NO CORRAL CHANGES ON RACE DAY.

WAVE START

The race will be utilizing a wave start. When the horn blows, the first corral will be released, and the rest of the participants will be held at the start line. Corrals are released every 1-2 minutes.

COURSE SUPPORT

There will be one water station along the 5K course at Mile 1.5 (*subject to change*). Restrooms will be available at the aid station.

COURSE TIME LIMIT

The official course time limit for the 5K is 1 hour.

This is timing tag time, not gun time. Course time limit begins when the last participant crosses the start line.



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5K FINISH LINE | SATURDAY, OCTOBER 3

CELEBRATE YOUR ACCOMPLISHMENT

Join us in the Plaza Park for the Finish Line Festival! You will receive your medal, water, refreshments and snacks within the runner Secure Zone after the race. After you exit the Secure Zone, proceed to the Finish Line Festival to celebrate, and meet up with friends and family! The festival is free and open to the public.

CELSIUS



CELSIUS will be keeping runners and spectators energized throughout race weekend. Enjoy CELSIUS at the Health & Fitness Expo and re-energize at the Finish Festival after you cross the finish line!

CELSIUS energy drinks pair perfectly with every moment of your day, made with zero sugar and Vitamins B and C. Whether it's crushing a half marathon or hustling through your workday, CELSIUS delivers energy when it matters most.

FITVINE® WINE CELEBRATION ZONE



FitVine® offers delicious, low sugar, full alcohol wines designed to fit into an active and balanced lifestyle. As a leader in wellness wine, we believe you shouldn't have to compromise on taste or quality to find a great wine that lets you live your fit, in whatever form that takes.

Get your complimentary serving of FitVine® wine using the FitVine Wine drink ticket on your bib. Please note that all participants must show ID to receive their complimentary wine.

DRINK TICKET

Redeem the 2nd drink ticket on your bib for a complimentary local draught brew in the Celebration Zone. Please note that all participants must show ID to receive their complimentary drink.

ATHLETIC BREWING



Athletic Brewing Company will also be offering free samples to all runners and spectators (21 and over). You do not need to use a drink ticket to receive your sample.

Athletic Brewing Company is re-imagining beer for the modern adult. Their great-tasting Athletic craft brews let you enjoy the refreshing taste of craft beer, without the alcohol or the hangover. You can enjoy them anytime, anywhere and still be healthy, active, and at your best; it's the very reason they started brewing them in the first place.

Proof of 21+ is required by state law. ALL PARTICIPANTS AND SPECTATORS MUST HAVE AN ID TO ENTER THE POST-RACE BAR.



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5K VENUE MAP | SATURDAY, OCTOBER 3





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5K COURSE MAP | SATURDAY, OCTOBER 3





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10K RACE DAY | SUNDAY, OCTOBER 4

RACE DAY INFORMATION

8 AM: 10K Race Starts

Start Line: S Market St and E William St

Finish Line: Plaza Park

Restrooms will be located within the Start Line/Finish Line Village in the Plaza Park, as well as along Viola Ave and San Salvador St near the Start Line.

GEAR CHECK

On race day, please affix your gear check tag (on your bib number) to your gear bag before you leave it at the table assigned to your last name. **DO NOT** leave valuables, cash or jewelry. The event staff and gear check personnel are not responsible for lost or stolen items. Please note, due to security for gear check, there may be lines.

Where: Center of the Plaza Park

When: From 6:30 AM to 1 PM

START CORRALS

Signage designating each corral will be displayed on race morning and security will be in place to ensure that all participants enter their correct corral. Your assigned corral will be listed on the bottom corner of your bib. Participants can enter their corrals beginning at 7:30 AM. You must start in your assigned corral. **THERE WILL BE NO CORRAL CHANGES ON RACE DAY.**

WAVE START

The race will be utilizing a wave start. When the horn blows, the first corral will be released, and the rest of the participants will be held at the start line. Corrals are released every 1-2 minutes.

COURSE TIME LIMIT

The official course time limit for the 10K is 2 hours. This is timing tag time, not gun time. Course time limit begins when the last runner crosses the start line.

A tail vehicle will follow the last runner at the time limit pace. If at any time a participant drops behind the tail vehicle the participant will be transported to the back of the pack to stay on-pace. A strict time limit will be enforced as roads need to be re-opened to regular traffic.

COURSE SUPPORT

There will be 2 aid stations along the 10K course (*subject to change*). Restrooms will be available at the aid stations.

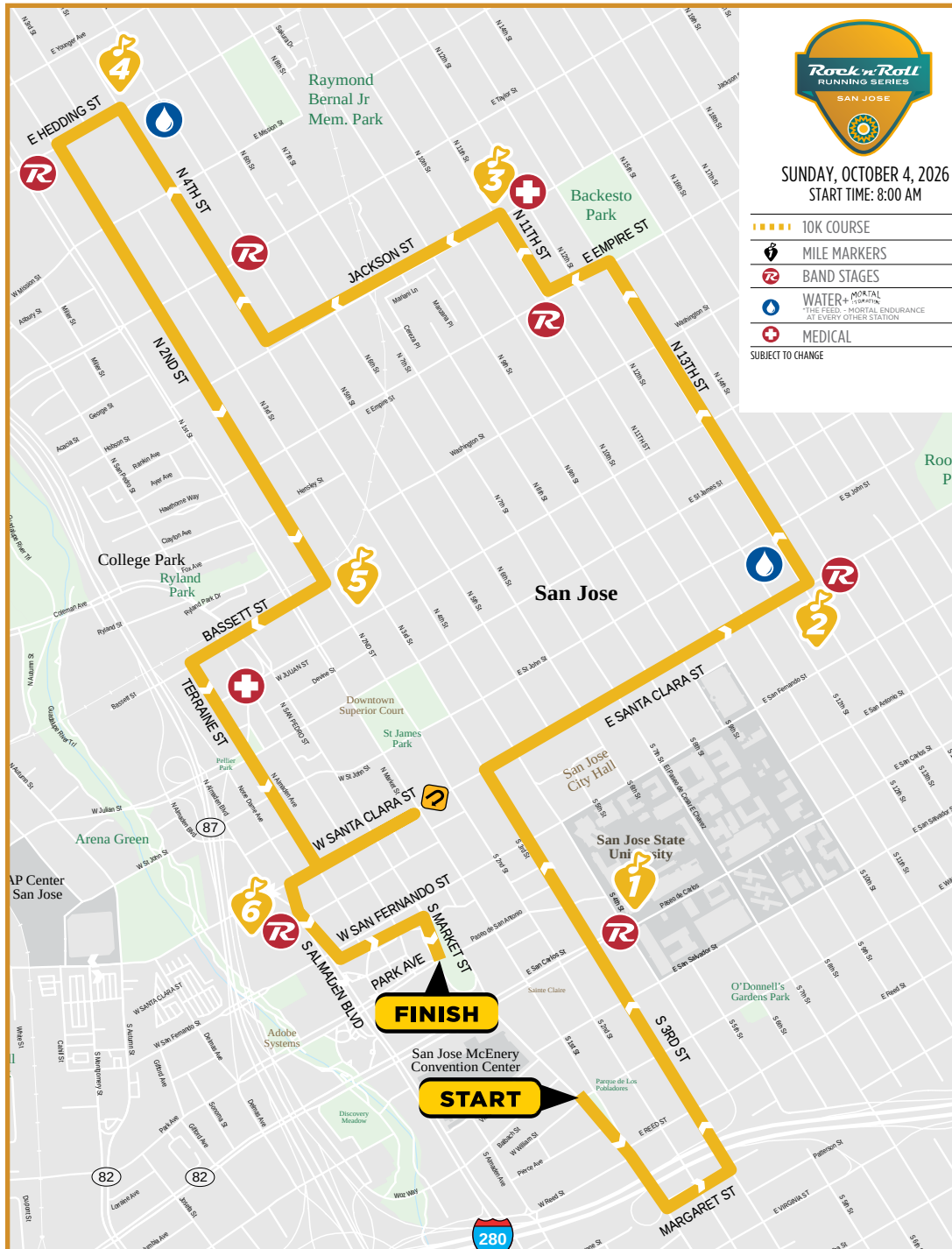
STATION	MILE	SUPPORT
1	1.9	Water
2	3.7	Water & Mortal Hydration: Mango



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10K COURSE MAP | SUNDAY, OCTOBER 4





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HALF MARATHON RACE DAY | SUNDAY, OCTOBER 4

RACE DAY INFORMATION

8 AM: Half Marathon Race Starts

Start Line: S Market St and E William St

Finish Line: Plaza Park

Restrooms will be located within the Start Line/Finish Line Village in the Plaza Park, as well as along Viola Ave and San Salvador St near the Start Line.

GEAR CHECK

On race day, please affix your gear check tag (on your bib number) to your gear bag before you leave it at the table assigned to your last name. DO NOT leave valuables, cash or jewelry. The event staff and gear check personnel are not responsible for lost or stolen items. Please note, due to security for gear check, there may be lines.

Where: Center of the Plaza Park

When: From 6:30 AM to 1 PM

START CORRALS

Signage designating each corral will be displayed on race morning and security will be in place to ensure that all participants enter their correct corral. Your assigned corral will be listed on the bottom corner of your bib. Participants can enter their corrals beginning at 7:30 AM. You must start in your assigned corral. **THERE WILL BE NO CORRAL CHANGES ON RACE DAY.**

WAVE START

The race will be utilizing a wave start. When the horn blows, the first corral will be released, and the rest of

COURSE TIME LIMIT

The official course time limit for the Half Marathon is 4 hours. This is timing tag time, not gun time. Course time limit begins when the last corral crosses the start line.

All participants must be heading west on W Hedding from Park Ave by 11:20 AM. Participants who do not reach this point on the course by this time will be diverted to do a U-turn and return south on Park Ave, cutting about 2.7 miles from their race.

If a participant's pace falls below the course time limit, they have a few options:

- Increase their pace to stay within the event minimum pace (18:32/mile).
- Board a "sag wagon" shuttle to move forward on the course, where they may continue to participate in the event, maintaining the minimum pace required.
- If the participant cannot continue, they may board a "sag wagon" to be dropped off at the next shuttle location, at a nearby medical station. Be advised this will result in a DNF (did not finish) in the final results. The participant will be seen by a Medical Team captain to be cleared for the medical shuttle to transport the participant to the finish line.

COURSE SUPPORT

There will be 8 aid stations along the Half Marathon course (*subject to change*). Restrooms will be available at the aid stations.

STATION	MILE	SUPPORT
1	1.9	Water
2	3.7	Water & Mortal Hydration: Mango
3	6.1	Water
4	7.6	Water & Mortal Hydration: Mango
5	8.5	Water & Amacx Drink Gels: Orange
6	9.6	Water & Mortal Hydration: Mango
7	10.7	Water
8	12.4	Water & Mortal Hydration: Mango



2026 OFFICIAL NON-ALCOHOLIC BEER PARTNER

FIT FOR ALL TIMES®

AWARD-WINNING TASTE • LOW CALORIE • ZERO HANGOVER



[ATHLETICBREWING.COM](https://athleticbrewing.com) | [@ATHLETICBREWING](https://twitter.com/athleticbrewing)

Athletic Brewing Company LLC, Milford, CT and San Diego, CA. Near Beer <0.5% alc/vol. Average Analysis of Athletic Lite per 12 fl. oz. - Calories 25, Carbohydrates 5g, Protein 0g, Fat 0g. Average Analysis of Upside Dawn per 12 fl. oz. - Calories 45, Carbohydrates 10g, Protein <1g, Fat 0g. Average Analysis of Run Wild per 12 fl. oz. - Calories 65, Carbohydrates 14g, Protein <1g, Fat 0g. Average Analysis of Free Wave per 12 fl. oz. - Calories 70, Carbohydrates 16g, Protein 1g, Fat 0g. Average Analysis of Atlética per 12 fl. oz. - Calories 60, Carbohydrates 14g, Protein 1g, Fat 0g.
© 2025 Athletic Brewing Company LLC

FITVINE[®]

W I N E S



ZERO SUGAR
FULL FLAVOR
NO COMPROMISES



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HALF MARATHON COURSE MAP | SUNDAY, OCTOBER 4

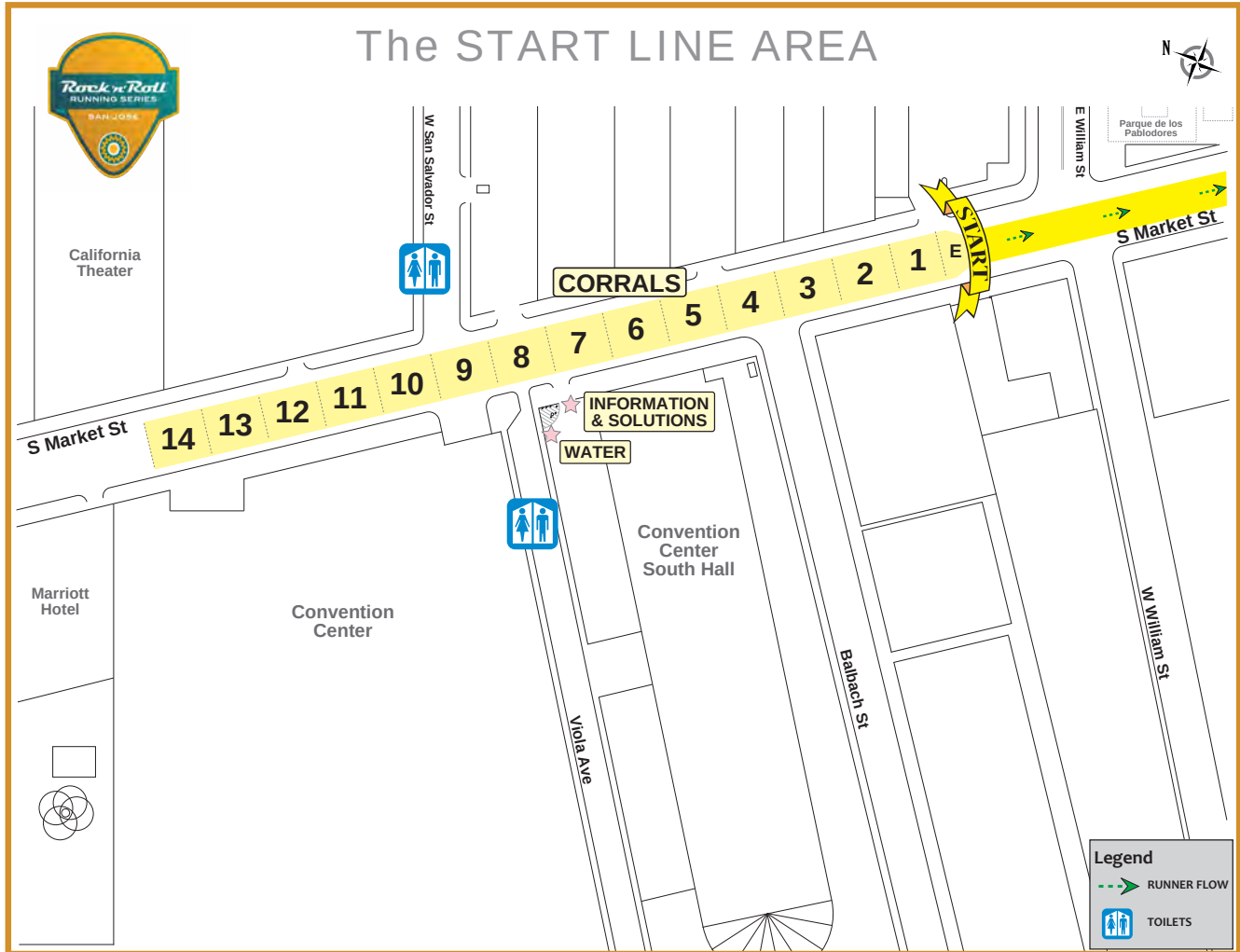




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SUNDAY START LINE MAP | SUNDAY, OCTOBER 4

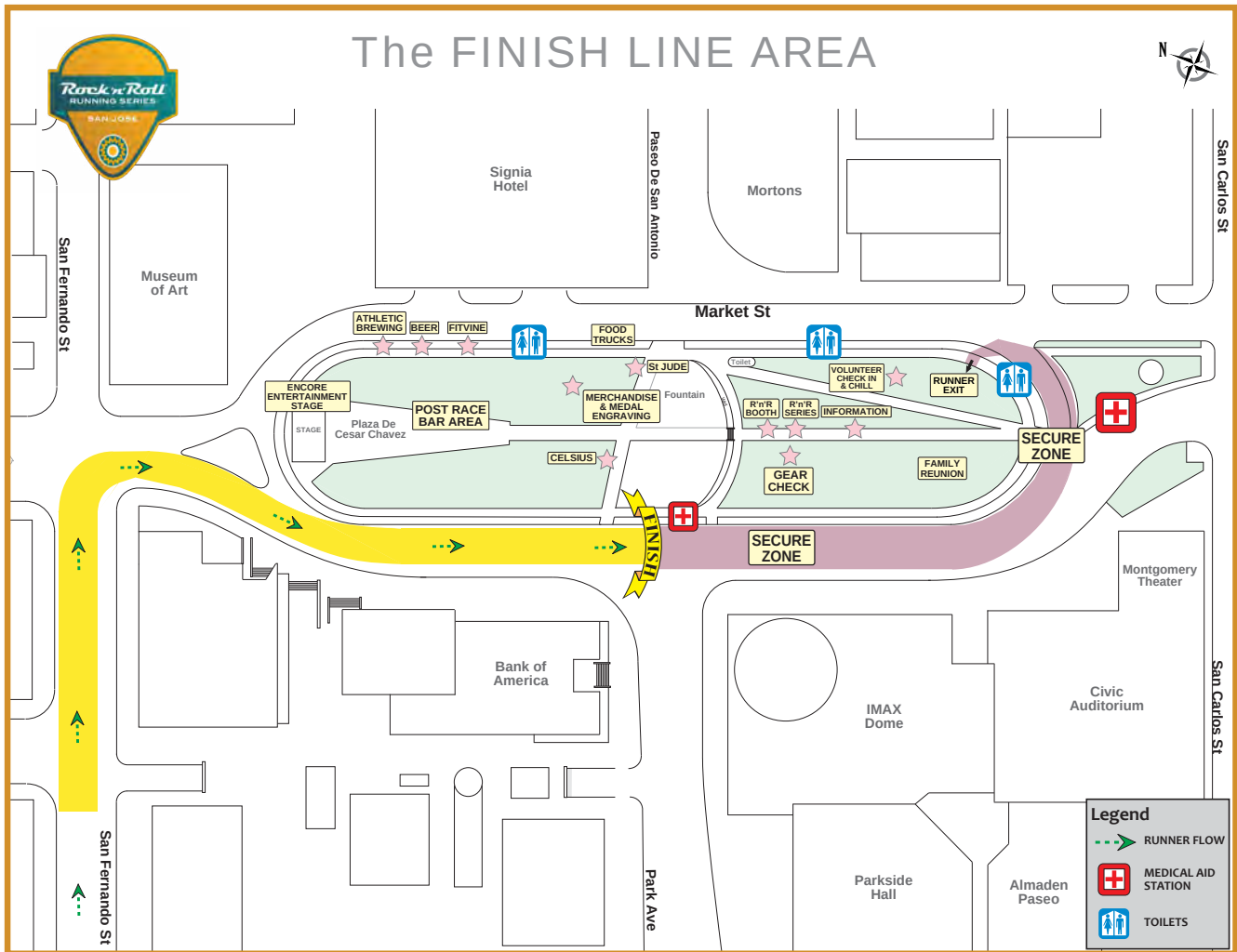




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SUNDAY FINISH LINE MAP | SUNDAY, OCTOBER 4





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HELPFUL TIPS & RUNNER ETIQUETTE

- **ARRIVE EARLY** to the start area. We recommend you arrive on site 45 minutes to 1 hour prior to race start to ensure you are settled in and have time to use the restrooms prior to the race. Corrals will open 30 minutes before the start time.
- **PAY ATTENTION** to pre-race announcements over the PA system. Listen to important race tips and information given by the race announcers. It's called the Rock 'n' Roll Running Series, we LOVE music, but if wearing headphones please be sure to remain aware of what's going on around you!
- **RESPECT YOUR ASSIGNED START CORRALS.** During registration you were asked how long it would take you to complete the distance. You were assigned a corral based on that time so you have been placed with people of the same or similar pace. If you need to change your starting corral or do not have a Corral # listed on your bib, please visit the Corral Change table at the Health & Fitness Expo.
- **BE AWARE OF YOUR SURROUNDINGS.** If you need to stop or would like to move off to the side, don't make any sudden movements, and check around you to ensure it is safe to do so.
- **IF YOU MUST SHED LAYERS OF CLOTHING,** tie them around your waist or place them on the side of the road so no one will trip over it. We will donate anything tossed to the side to a local shelter, so it'll find a good home!
- **WHEN APPROACHING AN AID STATION,** move to the right and grab items from the volunteers. Do not stop, please continue moving forward so you don't block the table or volunteers for the participants behind you.
- **PLEASE BE RESPECTFUL** of the community, and throw any trash into the receptacles at the aid stations!
- **DO NOT RUN MORE THAN TWO ACROSS.** We want you to enjoy the race with your friends and family, but please allow people space to pass by you!
- **SAY THANK YOU** to the volunteers on course and in the Finish Line!
- **AT THE FINISH LINE, DON'T STOP MOVING!** Run or walk past the timing mat and into the finishers' area. Please do not stop to wait for friends or take photos. Wait for friends and family outside of the finishers' area to allow others to finish.
- **ONLY TAKE ONE OF EACH ITEM** in the Secure Zone area. After you finish, there will be water, Mortal Hydration, and snacks for you to enjoy. Please be respectful and save some for the people that are still out on the course to enjoy!
- **HAVE FUN AND ROCK ON!**

Way more than just “another gel”.



30g carbs



Aim for
2-3 gels
per hour

200mg Sodium



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FINISH LINE FESTIVAL

SECURE ZONE

After crossing the finish line, grab your medal and you will be treated to refreshments including Celsius, water, and other snacks. After you exit the Secure Zone, proceed to the Finish Line Festival in the Plaza Park to celebrate! The festival is free and open to the public.

FAMILY REUNION

There will be tall poles with letters of the alphabet (A-Z) placed in the Finish Line Festival. Pick a letter before the race and plan for this to be your meet up location for friends and family. This is the recommended meeting location – please do not plan to meet family and friends at the exit of the secure zone.

LOST & FOUND/INFORMATION BOOTH

The Information Booth serves as Lost & Found. Any items not claimed by 1 PM will be held for 30 days. To claim a lost item after the race please email us at SANJOSE@RUNROCKNROLL.COM.

CELSIUS



CELSIUS will be keeping runners and spectators energized throughout race weekend. Enjoy CELSIUS at the Health & Fitness Expo and re-energize at the Finish Festival after you cross the finish line!

CELSIUS energy drinks pair perfectly with every moment of your day, made with zero sugar and Vitamins B and C. Whether it's crushing a half marathon or hustling through your workday, CELSIUS delivers energy when it matters most.

FITVINE® WINE CELEBRATION ZONE



FitVine® offers delicious, low sugar, full alcohol wines designed to fit into an active and balanced lifestyle. As a leader in wellness wine, we believe you shouldn't have to compromise on taste or quality to find a great wine that lets you live your fit, in whatever form that takes.

Get your complimentary serving of FitVine® wine using the FitVine Wine drink ticket on your bib. Please note that all participants must show ID to receive their complimentary wine.

DRINK TICKET

Redeem the 2nd drink ticket on your bib for a complimentary local draught brew in the Celebration Zone. Please note that all participants must show ID to receive their complimentary drink.

ATHLETIC BREWING



Athletic Brewing Company will also be offering free samples to all runners and spectators (21 and over). You do not need to use a drink ticket to receive your sample.

Athletic Brewing Company is re-imagining beer for the modern adult. Their great-tasting Athletic craft brews let you enjoy the refreshing taste of craft beer, without the alcohol or the hangover. You can enjoy them anytime, anywhere and still be healthy, active, and at your best; it's the very reason they started brewing them in the first place.

Proof of 21+ is required by state law.

ALL PARTICIPANTS AND SPECTATORS MUST HAVE AN ID TO ENTER THE POST-RACE BAR.



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WHAT'S NEXT?

RESULTS & AWARDS

Top three overall male and female awards for all distances will be awarded. Top three male and female age group awards for the Half Marathon will also be awarded. Overall winners are determined by gun time. In accordance with USATF Rules, age group awards will be determined by chip time. **All awards will be shipped to participants after the event to the address listed in your profile.**

Official race results will be posted within 48 hours on our website, or you can download the Rock 'n' Roll Running Series [APP](#) to see your race results instantly! It's available on your Apple or Android device app store. We highly recommend you downloading this prior to traveling to the event.

Highlights of the app include:

- Participant times, paces, estimates and places in real-time
- Live participant tracking
- Interactive course maps
- Push notifications as progress is made on course
- Event information and messaging
- Live leader boards
- Social sharing

PHOTOS & FINISHER CERTIFICATE

Your photos and FREE downloadable finisher certificate will be available online 5 to 7 days after the race at our [WEBSITE](#).

1. Click the results tab on your race's web page.
2. Go to your year then click on the distance you raced.
3. Find your result by searching by your Name or Bib number, then click your name.
4. Click on Digital Certificate or Photos on the left.



Give meaning to your miles. **RUN FOR A REASON[®]**

St. Jude Children's Research Hospital[®] is the National Featured Charity of the Rock 'n' Roll Running Series. St. Jude Heroes[®] are committed to raising funds for the kids of St. Jude while they train for their race. They can earn great benefits like free race entry and hospitality access, but the greatest benefit is knowing they are helping kids battling cancer and other life-threatening diseases.

St. Jude is the proud title partner of both the St. Jude Rock 'n' Roll Washington DC and St. Jude Rock 'n' Roll Nashville. Runners can also choose to run for a reason or donate to St. Jude in all Rock 'n' Roll Running Series events in the United States. Do more with your miles and become a St. Jude Hero for your next race.



stjude.org/heroes





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SPECIAL PROGRAMS

VOLUNTEERS STILL NEEDED

Volunteers are still needed at the Expo, Start and Finish Line. If your friends or family are coming out to watch, ask them to support you and join the Race Crew! Volunteers receive an official race crew t-shirt and a swag bag! Visit the [WEBSITE](#) to find out more!

HEAVY MEDAL PROGRAM

Earn extra medals by completing multiple Marathons or Half Marathons at Rock 'n' Roll Running Series events. All Heavy Medals #2-#10 will be picked up on site at the Heavy Medal Pick-Up Tent in the Finish Line Festival. These medals will not be mailed.

REMIX CHALLENGE MEDAL

Don't miss out on the chance to take on the Remix Challenge and earn THREE medals when you run both Saturday and Sunday. Pair the 5K with the 10K or Half Marathon to receive both finisher medals plus a bonus medal! Register online or at the Health & Fitness Expo. After you race on Sunday, pick up your additional Remix Challenge Medal at the Rock 'n' Roll Remix tent in the Finish Line Festival. To claim your medal, be sure to have 'REMIX' written on both race bibs. If you do not, please inform us at bib pick-up to add it to your bib.

RUNNER PERKS

Check out all that San Jose has to offer! While you're in town, check out all your Runner Perks and support local businesses. Check out your Runner Perks [HERE](#).



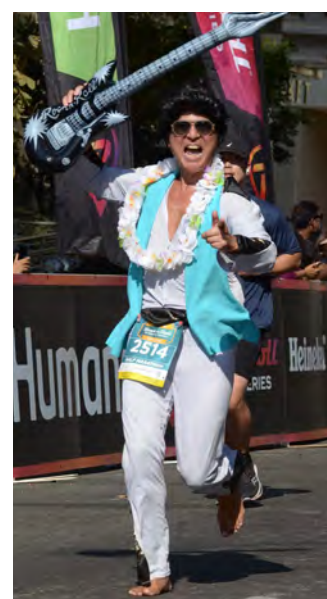
FinisherPix | Powered by Smiles

NEVER FORGET **YOUR RACE**



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#finisherpix





Final Information

October 3 & 4, 2026

KIDS ROCK

SAN JOSE

When: Saturday, October 3 at 9 AM

Where: S Market St at Balbach St

RACE DAY SCHEDULE

START TIME	RACE
9 AM	KiDS ROCK start - 80 feet Toddler Trot (Ages 1-3)
Immediately Following Toddler Trot	1/2-Mile (Ages 3-8)
Immediately Following 1/2 Mile	1-Mile (Ages 5-17)

RACE BIB TIPS

- ✓ Race bib must be visible and worn on the front and outside of all clothing during the entire race.
- ✓ Race bibs are non-transferable and may only be worn by the participant to whom it is assigned.
- ✓ Do NOT alter the race bib in any way.
- ✓ Securely fasten the race bib to the front of your child's running outfit with provided safety pins.
- ✓ One parent/guardian must also display the matching bib in the front if you are running with your child.

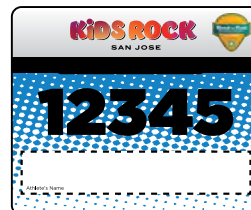
REGISTRATION & PACKET PICK-UP

When & Where:

- Friday, October 2 from 1 PM to 6 PM at the Health & Fitness Expo at San Jose McEnery Convention Center, South Hall (435 S Market St).
- Saturday, October 3 (race day) from 7:30 AM to 8:30 AM at S Market St at Balbach St.

KiDS ROCK San Jose is a fun run for ages 0-17. We want to encourage every child to cross the finish line with a smile without the pressure of having the race timed.

A parent or guardian should accompany each child to pick up their bib. Please note that strollers and dogs ARE NOT PERMITTED on the course. Every participant will receive a race bib, t-shirt and goodie bag. These items must be picked up at the Health & Fitness Expo at the times listed above or during the KiDS ROCK event. We invite you and your family to explore the Health & Fitness Expo as well.





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RACE RULES & REGULATIONS

1. It is strongly suggested that two parents, adults or guardians accompany the participant: One adult to see the child off at the start and the other to meet the child at the finish. Only one parent/guardian is permitted to run with their child during the race.
2. No strollers, roller blades, pets, skateboards, bikes or scooters are allowed on the course.
3. Plan ahead. Select a meeting place and time with your child before their race in case you become separated.
4. Children should be able to complete the 1-mile run on their own. The course is safe and secure. Police and trained medical staff will be present. If you do not feel comfortable having your child run alone, you may accompany him or her. For the safety of all children, you must start towards the back of the pack. Please be extremely cautious and aware of your surroundings.
5. The refreshments at the finish line Secure Zone are for children only. If you are accompanying your child, please be sensitive to the needs of the participants and refrain from taking food or drink from this area.

START LINE VILLAGE

The Start Line is located at S Market St at Balbach St. This will serve as the staging area for all participants prior to the start of the races. On race day, staff will guide participants to their starting areas at the appropriate times. Please plan on arriving at least an hour before your start time. Expect traffic and delays.

FINISH LINE | SECURE ZONE

Once a child crosses the Finish Line, they will enter the Secure Zone – a safe, fenced off area for race participants only. There, they will be escorted by volunteers and receive water, healthy post-race refreshments and a colorful finisher's medal. Once they exit the Secure Zone they may not return.

For the safety of the children, a kid check system will be enforced at the secure zone exit for all participants. Each race number will have a duplicate race number for the adult bib. At the secure zone exit, kids will ONLY be released to the parent or guardian who is wearing the matching race number. Parents, please plan to meet your child at the secure zone exit.

Please Note: Parents and spectators will not be permitted to enter the Secure Zone unless they have run the entire course as an escort. This area is fenced off and is for participants only. Parents can watch the finish at the fencing and retrieve their child at the exit of the Secure Zone. Once again, a matching bib number must be shown by the parent/guardian.



The Official Medal Supplier of IRONMAN and the Rock 'n' Roll Running Series

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